

This Week's Program

Wednesday, November 6

Annual Long Beach Rotary Scholarship Day

Rotary Scholarship Recipients
with
Long Beach Rotarians

The Queen Mary - Queen's Salon - 2nd Floor 12:00 Noon - LUNCH 12:30 p.m. - 1:30 p.m. - PROGRAM



Do not miss this annual event when Long Beach Rotarians have the opportunity to meet recipients of the Long Beach Rotary Scholarship Foundation scholarships.

There will be students at every table - a wonderful time to ask about their goals/dreams, what scholarship(s) they have, what high school did they attend and are they currently attending Long Beach City College (LBCC) OR California State University, Long Beach (CSULB).

This is a day for these extraordinary young people to meet Rotarians, the people who make these scholarships possible. Share with them our Rotary motto, 'Service Above Self', while also inquiring re: their volunteer interests.

It is a 'feed your soul' day, guaranteed to inspire!

New Rotarian Brings Good Fortune to Long Beach

By Natalie Hale, Co-Sponsor





I'm excited to Co-Sponsor, along with Sumer Temple, **Paul Forchione**, a new member of our Rotary Family. Pronounced "Fortune," Paul is a remarkable individual whose dedication to inspiring others makes him a perfect fit for our community.

I discovered Paul about a year ago through his motivational Facebook posts, which are filled with positivity and encouragement. This led me to his Podcast, "It's a Long Beach Thing," where he interviews local leaders, including Rotarians, showcasing his commitment to uplifting others. Intrigued, I invited Paul to lunch to learn more about his career as a Mindset and Life Coach. He focuses on helping young student-athletes, especially golfers, succeed through mindset work. His mission is to empower individuals to rewrite their stories and take control of their lives. Paul is passionate about fostering positivity, boosting self-esteem, and eliminating limiting beliefs. He extends his influence through his Facebook group, "Rewriting Your Story," and conducts workshops to enhance work culture.

Paul's journey is inspiring. Born with Cerebral Palsy, doctors initially said he would never walk. However, with his mother's support and his own determination, Paul defied the odds and now leads an active life. He graduated from Cal State Fullerton, spent five years in the mortgage business, and then embraced his calling as a Mindset Coach. Today, he shares his story with clients, helping them pursue their true dreams.

Paul is also the Vice President of the Signal Hill Chamber of Commerce, soon to be President, and has joined the Board of Governors for Long Beach City College. We are thrilled to welcome Paul Forchione to our Rotary community and look forward to the positive impact he will bring.

Welcome New Rotarian

By Michele A. Dobson, Sponsor and RCLB President #107



Please welcome our newest member **Lucy Turner**.

It is with tremendous pleasure that I introduce you to our newest Rotarian, Lucy Johnson.

Lucy is from the City of Long Beach Police Department from their Fiscal Division. In addition to her work as an administrative analyst with the Police Department, Lucy is a long time collegiate swim coach and is known in the City of Long Beach as the upmost authority on all things water related here in our Aquatic Capital.

Lucy will join into the long time rivalry of schools within the Club as a graduate of USC with a bachelors degree in Business Administration.

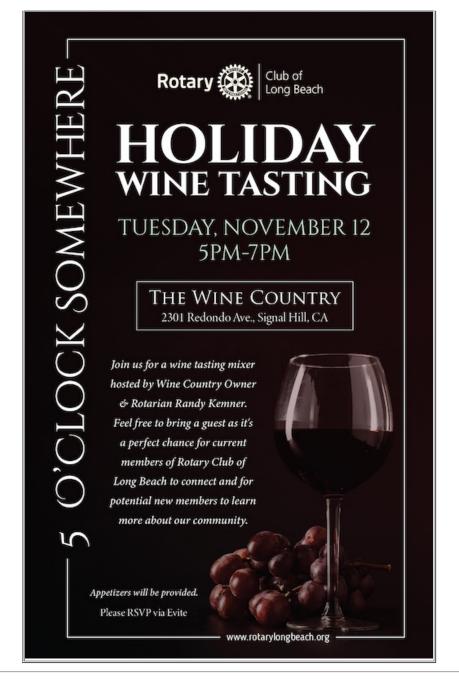
She is a board member of the Aquatics Capital of America and a former member of the Long Beach Century Club.

On behalf of the Membership Committee and her co-sponsor Natalie Hale, please welcome Lucy Johnson to the Club.

Rotary Holiday 5 O'Clock Somewhere!

By Natalie Hale, Fellowship Service Director





Bikes 4 Kids Project

By Jon L. Mesko, Bikes 4 Kids Chair

We are excited to provide Bikes 4 Kids this Holiday season once again. Our high-need school of choice this year is Roosevelt Elementary, located at 1574 Linden Ave. Long Beach.

We've announced an Essay Contest to the three classes, saying that one child in each class will win a new bike. The kids will be working diligently on those essays!

The wonderful surprise is that ALL the kids in 3rd Grade will receive a bike! So we have some work to do

We need 40 people to help build bikes on Dec 6, and 20 volunteers to help fit the bikes and helmets on Dec 10.

1. Build the bikes: Friday, Dec 6 around 6-8 pm

- At this event we will build 125 bikes for the give-away
- This will take place at Roosevelt Elementary (1574 Linden Ave, LB) The bikes will be stored there over the weekend.
- Experts will be on hand to help with "quality control" of each bike.
- Pizza provided!

2. Fit the bikes and helmets: Tues, Dec 10 from 2-5 pm

- Each child will be fitted with their bike and helmet, along with instructions for their lock.
- A parent or guardian will need to pick up each child with their bike and sign a release form.
- This will also take place at Roosevelt Elementary School, at afternoon "pick-up".

Please contact Jon Mesko by Dec 4th if you're interested and for which date. 562.549.1848 or jon@lbblast.org

School Assembly to reveal the winners: Mon, Dec 9 at 9 am

Please reach out to me with any questions, comments or concerns. Thank you, Rotarians!



Attention Rotary Golfers

By Donald N. Serafano, RCLB President #



We are excited to announce that Rotary Golf will resume in January 2025! Join us for a friendly round of golf each month. Regardless of your handicap or tee preference, come and enjoy an afternoon of fellowship.

To be added to the notification list, please contact:

- Don Serafano at dserafano@gmail.com
- Mike Wilson at wilsomik@gmail.com

Looking forward to seeing everyone for our first outing on January 17!

Best, Don Serafano

BIRTHDAYS



Robyn Gordon-Peterson November 8th



Whitney Leathers
November 9th



Rayne Sherman November 10th



Solimar Salas November 12th



Judy Ross November 12th



Steve M. Hockett President



Katherine (Kay) Cofield Assistant to the President



Braden James Phillips Assistant to the President



Richard Gibson Vice President



Lance R. Kenyon Vice President



Linda Josephine Rahn Vice President



Michael Rivard Vice President



John E. Romundstad Secretary Treasurer



Roger Civalleri Sergeant-at-Arms



Lisa Finn Sergeant-at-Arms



Randall S. Kemner Sergeant-at-Arms



<u>Daniel Eufracio Tapia</u> Sergeant-at-Arms



Whitney Leathers CCO-Club Comm. Offcr



Lisa Ramelow CCO-Club Comm. Offcr



Nancy Zwiers Career Service Director



Timothy Aldrete Club Service Director



Leslie Wiberg Community Service Director



Natalie Hale Fellowship Service Director



Matthew L. Kinley International Service Director



<u>Sarah Soriano</u> Membership Service Co-Director



<u>Debbie Thorpe</u> Membership Service Co-Director



Conor Kenneth Weir Youth Service Director



Michele A. Dobson iPast President



Kelly Ruggirello President-elect



Wayne C. Slavitt President-nominee



Madrid Zimmerman Club Director Club Executive Secretary



Donald E. Cochran Rotary International Foundation Chair

EVENTS

November 6th, 12:00-1:30 PM Long Beach Weekly Club Meeting LB Rotary Scholarship Foundation

November 14th, 2:00-3:00 PM RoToastados - A Rotary Toastmaster RCLB Board of Directors Meeting **Alliance Club**

November 24th, 3:00-5:30 PM

November 9th, 8:00-9:00 AM Centennial Park Clean-up

November 19th, 4:00-5:00 PM

November 27th, 12:00-1:30 PM **DARK for Thanksgiving Holiday** November 12th, 5:00-7:00 PM 5 O'Clock Somewhere Holiday Wine Tasting Hosted by Randy Kemner

November 20th, 12:00-1:30 PM Long Beach Weekly Club Meeting Lions Automobilia Museum

Speaker: UCLA vs. USC

November 13th, 12:00-1:30 PM Long Beach Weekly Club Meeting

Speaker: Nate Jones Subject: USS Iowa

November 21st, 8:00-9:30 AM Business Breakfast Roundtable: in person

Topic: Best Practices in Recruiting &

Ronald McDonald House Sunday Meal Long Beach Weekly Club Meeting

THE MAGIC

OF ROTARY



THE QUEEN MARY

1126 Queens Hwy Long Beach, CA 90802

LB Skyline Photo Credit Long Beach Convention & Visitors Bureau

November 6, 2024 - Vol. 108, Issue 18

Club Office

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Visit

Long Beach Rotary District 5320 **Rotary International**





